

	Autumn 1	Winter 1	Spring 1	Spring 2	Summer 1	Summer 2
Nursery/Reception						
	Introduction to PE	Fundamentals	Dance	Gymnastics	Ball skills	Games
Y1/2						
Cycle A	Yoga	Gymnastics	Sending and receiving	Net and wall	Athletics	Striking and fielding
	Fundamentals	Ball skills	Invasion	Fitness	Team building	Target games
Cycle B	Ball skills	Fitness	Gymnastics	Dance	Athletics	Striking and fielding
	Fundamentals	Sending/ receiving	Invasion	Net and wall	Yoga	Team building
Y3/4						
Cycle A	Fundamentals	Ball skills	Netball	Hockey	Athletics	Tennis
	Gymnastics	Dance	Yoga	Fitness	Swimming	Swimming
Cycle B	Fundamentals	Football	Tag rugby	Tennis	Athletics	Cricket
	Gymnastics	Dance	Dodgeball	Basketball	OAA	Tennis
Y5/6						
Cycle A	Volleyball	Hockey	Netball	OAA	Athletics	Cricket
	Gymnastics	Dance	Yoga	Dance	Basketball	Tennis
Cycle B	Basketball	Football	Tag Rugby	Tennis	Athletics	Rounders
	Gymnastics	Dance	Fitness	Dodgeball	Handball	OAA