

Kellington Primary School

NEWSLETTER

4.7.2025

Year 3 Forest School

Year 3 had a wonderful time in their Forest School session this week. They spent time whittling wood to make tools, used natural colours and resources to create art and built bigger and better dens than ever before. They showed determination, resilience and fantastic team work!

Calling all Year 5 parents!
There will be a Kingswood Residential meeting on Wednesday 16th July at 5.30pm. We will discuss general itinerary and provide a kit list ahead of the summer break.

Year 6 Leavers' Celebrations

Wednesday 16th July - special leavers trip to York for bowling, McDonalds and trampolining.

Thursday 17th July - Parents cream tea invite for the leavers' assembly.

Friday 18th July - shirt signing and final goodbyes!

Cricket Tournament

This week, some of our KS2 children represented Kellington in an inter-school competition. The children's sportsmanship was fantastic and they embraced the opportunity positively. Well done!



Upcoming Events

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| ★ | Year 6 Brayton transition week | 7-11 July |
| ★ | Music concert for private lessons | 9 July at 2.30pm |
| ★ | Bikeability – Class 4 – invite only | 14-15 July |
| ★ | Forest School – Y4 | 15 July |
| ★ | Kingswood Meeting – Y5 | 16 July at 5.30pm |
| ★ | School closes for pupils | 18 July |

Pre-Loved Uniform

As we are heading towards the end of term, we would like to take this opportunity to reach out to our families. If you have any good quality newly-branded or plain uniform that your child has outgrown, please could these be donated to school for our pre-loved uniform.

Pre-loved uniform is all washed and size labelled in our school entrance for anyone to take, should this be useful. Please feel free to help yourselves.

Kellington Nursery

**Explore,
Learn, Grow**

Nurturing curious minds in a caring,
play-rich environment



**Offering 15 and
30-hour funded places**

Additional hours available to purchase

Visits warmly welcomed.

Call 01977 661127 or
email admin@kp.starmat.uk



How did we SHINE this week?

Star Mathematician Award

Elijah (Y1)
Oliver M (Y1)
Jaxon (Y3)
Evie (Y5)



Shining Stars

Class 1 – Jayden (YN) for showing kindness to new friends and helping them feel welcome.

Class 2 – Kai (Y2) for a really successful transition day!

Class 3 – Harlow (Y4) for always showing respect to everyone and everything.

Class 4 – Sofia (Y5) for always following the Kellington Way. You show integrity and respect in all that you do!

Golden Welly

Oliver H (Y4) for fantastic tidying and helping with the Opal play equipment.



Resilience Award

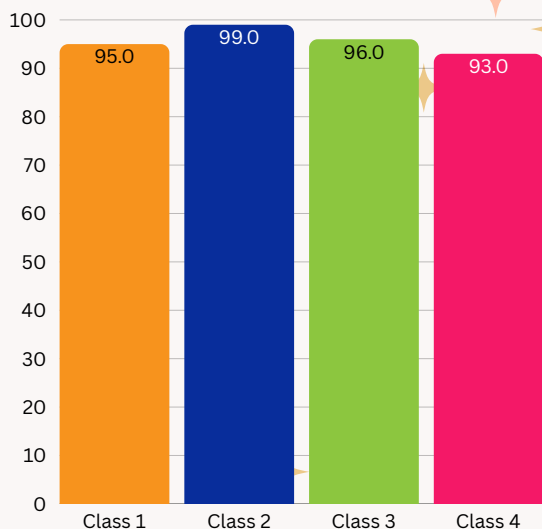
Lenard (YN) for trying your hardest to put the dressing up clothes on independently.

Josie (Y1) for never giving up and always trying her best.

Kadie (Y4) for never giving up! Your positive can-do attitude is lovely to see.

Billy-Joe (Y5) for perseverance in reading assessments. You are a star!

This week's attendance:



6 hours lateness and lost learning! Let's have a push to get our children into school on time next week!

September Attendance

Attendance from the first week back at school is crucial. This gives your child the best chances at building successful relationships, feeling positive about school and making progress.

Did you know: 1 day or more off in the first week means you are 3/5 more likely to become persistently absent across the year.

As always, we will be closely monitoring attendance. If you have any questions, please speak with Mrs Houlden or Mrs Fox.



Nit Alert

There have been several reported cases of nits again in our school. Please ensure you check your child's hair carefully this weekend and treat as needed. Let's get rid of these unwanted visitors so our children are comfortable! Ongoing and untreated nits is a safeguarding concern and will be taken seriously.





SPOTLIGHT ON SAFEGUARDING

WORKING TOGETHER TO KEEP OUR YOUNG PEOPLE SAFE

Primary | July 2025

Helping children understand loss

At some point in life, most children experience the death of someone they know—whether it's a grandparent, a family friend, a beloved pet or another important figure in their life.

Bereavement can be confusing, sad and sometimes frightening for children, especially if they don't fully understand what's happening. As parents and carers, your support can make all the difference in helping your child feel safe, heard and comforted during this difficult time.

Understanding how children grieve

Grief in children can look very different from grief in adults. Young children may move in and out of sadness quickly- one minute playing happily, the next asking a difficult question about death.

Here are some common ways children might react:

- asking the same questions repeatedly
- showing changes in behaviour (clinginess, anger, quietness)
- worrying about others dying too
- having trouble sleeping or concentrating
- acting out emotions through play.

Practical ways to support your child

- **Keep routines going** – children feel safer with predictable routines such as school, mealtimes and bedtime.
- **Create space to remember** – light a candle, draw pictures, make a memory box or photo album together.
- **Give choices**– if there's a funeral or memorial, ask your child if they'd like to attend or do something else to say goodbye.
- **Use stories**– reading books about loss can help children talk about their own feelings.

In this issue:

- Supporting your child with a bereavement
- Using WhatsApp safely

TALKING ABOUT DEATH HONESTLY AND GENTLY

It's natural to want to protect children from pain - but being open and honest is actually one of the kindest things we can do.

Use simple, clear language

Avoid confusing phrases like 'gone to sleep' or 'passed away'. Try gentle but clear words such as:

"When someone dies, it means their body has stopped working. They don't feel pain anymore."



Answer questions honestly

It's okay to say 'I don't know' or 'That's a really good question' if you're unsure. Children often ask the same questions repeatedly - this helps them make sense of the loss.



Talk about feelings

Talk about feelings. Let your child know it's okay to feel sad, angry, confused, or even nothing at all. You might say: "Everyone feels different when someone dies. However you feel is okay."



Model healthy grief

It's okay to let your child see you cry. This shows them that sadness is natural and it's safe to express emotions.



Here are some trusted organisations that offer specialist support for bereaved children and families:

Winston's Wish – www.winstonswish.org

Child Bereavement UK – www.childbereavementuk.org

Cruse Bereavement Support – www.cruse.org.uk

SPOTLIGHT ON SAFEGUARDING

Using WhatsApp safely

As children begin exploring ways to connect with friends online, many are using apps such as WhatsApp to message and share with others. While these platforms can offer positive social interaction, they also come with risks that children may not yet fully understand.

WhatsApp's age rating is 13+, so if your primary-aged child is using it, they'll need close parental support and clear guidance. It is important to note that age 13 does not reflect the content children may be able to view on WhatsApp; it does not have moderators previewing what users send to each other and therefore, the content may not be appropriate for a child.

Keeping your child safe on WhatsApp

Here are some key steps you can take to help your child use WhatsApp responsibly and safely:

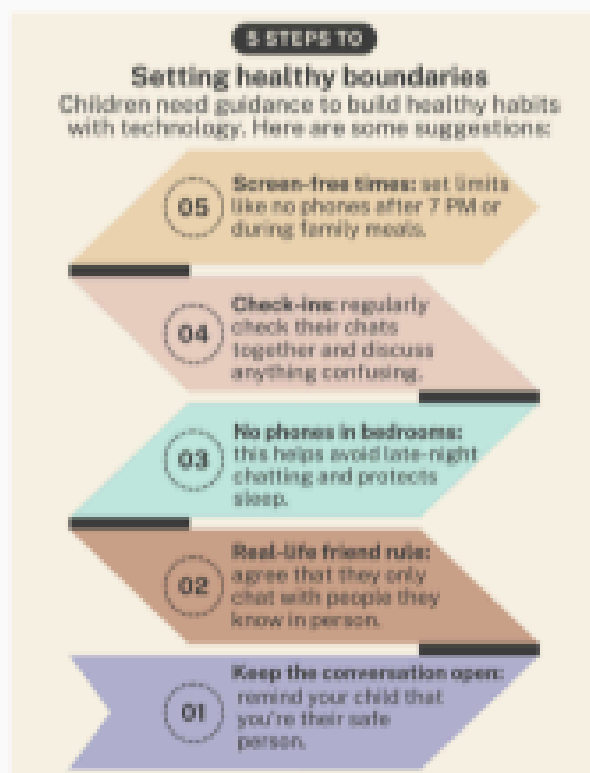
1. Set strong privacy settings

- **Last seen, Profile photo, About info:** set these to 'My Contacts' or 'Nobody' to prevent strangers from seeing their information.
- **Status updates:** limit who can see their status to trusted contacts.
- **Blocked contacts:** encourage your child to block anyone who makes them feel uncomfortable or is unkind.
- **Read receipts:** you can turn off read receipts (blue ticks) to help reduce pressure to respond immediately.

2. Turn off disappearing messages

WhatsApp allows users to send messages that vanish after a set time, which can hide evidence of bullying or inappropriate content.

- **To check this setting:** Open a chat → Tap the person or group's name → Tap 'Disappearing Messages' → Set to 'Off'.
- **Talk to your child** about why it's important to keep a record of conversations and why messages shouldn't 'disappear'.



3. Encourage kind and respectful messaging

Digital communication can sometimes feel less personal, which makes it easier to say things we wouldn't say face to face. Help your child develop empathy and kindness in their messages:

- **Think before you send:** encourage your child to pause and ask, "Would I say this in person?"
- **Use kind words:** compliments, encouragement, and friendly emojis can make a big difference.
- **Avoid teasing or excluding:** group chats can become a place where some children feel left out—talk about how to make everyone feel included.
- **Don't forward hurtful messages or images:** even sharing something as a 'joke' can really upset someone else.

4. Know how to report and block

- Show your child how to **block contacts**, **report harmful messages**, and **leave group chats** if they feel uncomfortable.

Come and join us this Summer!

Open Daily from 28th July

Themed Weeks

Arts and Crafts

Baking

Fitness Sessions

Just some of the activities on offer!

Various session times available.

You can find us at Brayton Community
Centre, Foxhill Lane, YO8 9EL

For further information or to BOOK a place
please contact
sparklesdaynursery1@gmail.com



SPARKLES



BREAKFAST, AFTER SCHOOL AND
HOLIDAY CLUB
AT BRAYTON COMMUNITY CENTRE

Are you entitled to FEAST?

**We are offering sessions
throughout the Summer holidays
Bookings are NOW OPEN!**

Eligible families receive information about FEAST and a voucher to book their free place via their school through an online system called HolidayActivities. If you're registered for benefits-related Free School Meals and don't have your voucher, please contact your school.